



HYDRATION

# Professional Grade Hydration Sqwincer® Fast Pack



- ORANGE
- LEMON-LIME
- WILD BERRY
- TROPICAL COOLER



- » Convenient single serve sachet packaging, add water to the pack and drink
- » Easy and economical portion control
- » Safely rehydrates and replaces vital electrolytes
- » Low sodium, gluten-free, and caffeine-free
- » Always read the label and follow the instructions
- » BRC Global Food Safety Certified product
- » Made with dextrose, a natural extract from corn – DOES NOT CONTAIN ASPARTAME

## A convenient way for the worksite to replenish electrolytes.

**Sqwincer® Fast Pack™**, are a convenient electrolyte enhanced concentrate, that comes in single serve, portion controlled sachet, which are ideal for on-the-go use - THE PACK IS THE CUP - simply add water to the pack and drink. Sqwincer Fast Pack is an innovative, convenient, and delicious way to stay hydrated. Fast Pack have lower sodium, more potassium, electrolyte-packed, concentrate drink mix that can be easily mixed with water to create a refreshing and energizing beverage. The convenient single serve pack format makes it easy to take with you anywhere, including to the worksite, gym, or office. The liquid mix is free of gluten, so you can stay hydrated with a healthier option than traditional sports drinks. Instead, it is packed with electrolytes and other essential minerals and vitamins that are important for optimal hydration. Fast Packs are available in a variety of delicious flavors, including Orange, Wild Berry, Lemon-Lime, and Tropical Cooler. When you're in need of quick, individual hydration, there's a personal-sized Sqwincer® package designed for on-the-go lifestyles helping you quickly replace what your body sweats out.

### EDUCATING WORKERS TO THE DANGER OF DEHYDRATION

- DECLINE IN PRODUCTIVITY**  
Mild dehydration, loss of 2% body mass or more can cause a decrease in performance of up to 50%. Symptoms create dangerous working environments.
- HEAT INJURY OR ILLNESS**  
Heat injury or illness can take hold if you don't drink enough while you're active and perspiring heavily. Injuries and illnesses range from mild heat cramps to heat exhaustion and life-threatening heatstroke.
- URINARY AND KIDNEY PROBLEMS**  
Urinary and kidney issues can arise after repeated or prolonged periods of dehydration. Common issues include urinary tract infections, kidney stones, and kidney failure.
- HYPVOLEMIC SHOCK**  
One of the most serious and life-threatening complications arising from dehydration is hypovolemic shock, or low blood volume shock. It happens when you lose more than 20% of your blood or fluid supply, which prevents the heart from pumping enough blood to keep the body running.
- SEIZURE AND LOSS OF CONSCIOUSNESS**  
It can lead to organ failure and requires immediate emergency medical attention.
- DECREASED COGNITIVE AND MOTOR SKILLS**  
Dehydration reduces concentration and reaction time, resulting in decreased cognitive and motor skills. Studies show that it only takes 2 percent dehydration to cause impaired performance in tasks that require attention, motor, and memory skills.

Sqwincer® is an electrolyte enhanced beverage for effective hydration and is the recognised leader in providing hydration solutions to hot workplaces, to help reduce heat related illness and accidents. Keep your workers safe & productive with Sqwincer® hydration that works.

#### RELATED PRODUCTS

**Sqwincer® 750ml Bottle**  
PART NO. SOBKECLEAR



**Sqwincer® Quik Stik™ Mixed 50 Pack**  
PART NO. SQ0104



**UOM**  
4 x 50 Packs Per Carton



**SCAN TO ORDER**

PART NO.	DESCRIPTION
SQ0097	Sqwincer® 180ml Fast Pack™ Retail 50 Box - Orange
SQ0098	Sqwincer® 180ml Fast Pack™ Retail 50 Box - Tropical Cooler
SQ0099	Sqwincer® 180ml Fast Pack™ Retail 50 Box - Wildberry
SQ0066	Sqwincer® 180ml Fast Pack™ Retail 50 Box - Lemon Lime

