



ERGONOMICS

WE'VE GOT YOUR BACK



BACK SUPPORTS & BACK BRACES

The Ergodyne range of **ProFlex Back Supports** provide lower back support and abdominal support for lifting heavy objects. Tightening the back support belt enhances the body's intra-abdominal pressure and moves the stress away from the spine. When the back support is on correctly, the worker will have additional support for lifting and is more likely to use proper posture. At **Pryme**, we've got your back.

BACK SUPPORTS

NEW PRODUCT



1600

ProFlex® 1600 Standard Elastic Back Support Brace

- **SEXTA-FIRM SUPPORT** - Premium 22.9cm all-elastic body provides firm support
- **COMFORTABLE** - Contoured high-cut front panel
- **NON-CONDUCTIVE** - Polypropylene stays for long-lasting integrity
- **SUSPENDERS** - Adjustable suspenders keep belt in place
- **SECURE FIT** - Rubber track webbing prevents riding up
- **SIZING** - Waist size ranges from 64cm - 132cm

SKU#	SIZE
11102	S
11103	M
11104	L
11105	XL
11106	XXL
11107	XXXL
11108	XXXXL

BACK SUPPORTS

HI VIS VERSION



100HV

ProFlex® 100HV Economy Spandex Hi-Vis Back Support Brace

- **HIGH VISIBILITY** - Economical hi-vis orange
- **NON-CONDUCTIVE** - Polypropylene stays for long-lasting integrity
- **SUSPENDERS** - Adjustable, detachable suspenders keep belt in place
- **FLEXIBLE** - Stretchable bias binding with zig-zag stitching
- **SECURE FIT** - Rubber track webbing
- **SIZING** - Waist size ranges from 64cm - 132cm
- **CARE** - Machine wash cold; air dry

SKU#	SIZE
11882	S
11883	M
11884	L
11885	XL
11886	XXL
11887	XXXL

BACK SUPPORTS



1500

LOW PROFILE

ProFlex® 1500 Weight Lifters Style Back Support Brace

- **COMFORT FIT** - Durable 900D foam laminated nylon body fabric
- **CONTINUOUS SUPPORT** - Foam lumbar pad
- **SUPPORT** - Rigid foam composition
- **STAY PUT DESIGN** - Rubber track webbing prevents riding up
- **LOW PROFILE** - Comfortable

SKU#	SIZE
11471	S
11472	M
11473	L
11474	XL
11475	XXL

FOR YOUR FREE WORKSITE TRIAL GET IN CONTACT WITH THE PRYME TEAM TODAY.



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WE'VE GOT YOUR BACK



HOW SHOULD IT FIT?

// ProFlex® Back Supports should fit snugly around your hips with the front of the support two-fingers width below your navel.

// The straps should be placed securely on your shoulders without causing tension.

// The hook & loop fasteners should be closed completely.

PROPER LIFTING

REDUCE THE RISK OF BACK INJURIES

8 COMMANDMENTS OF LIFTING

Plan your lift and test the load



Ask for help



Get a firm footing



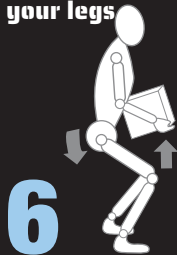
Bend your knees



Tighten your stomach muscles



Lift with your legs



Keep the load close



Keep your back upright



1 // Slip the back support on.



2 // Grasp each end of the waistband. Stretch the right end across the left and attach. The upper edge of the waistband should be below the navel. Fasten outer elastic bands loosely at your side.



3 // Adjust straps for a comfortable fit without tension.



4 // Before you lift - grasp the outer elastic bands and stretch forward as far as possible.



5 // Secure bands in comfortable position.



DID YOU KNOW? SPRAINS & STRAINS ARE THE #1 INJURY RESULTING IN DAYS AWAY FROM WORK